

kingwood

Winter 2014/15

Pioneers in Autism *Making it happen*



Kingwood 'Family Christmas' Event

On 10th December Kingwood hosted its annual Christmas party at Millets Farm. It was a wonderful evening with over 45 people we support attending along with members of their families and support teams.

Peter Roberts kindly provided the entertainment for the evening with his disco classics and even a jingle along medley of Christmas songs that everyone got involved in, a few parents were spotted bopping away with their families, it was a great to see everyone having so much fun.

The families and relatives meeting discussed the family charter and the results from the annual Kingwood survey. The charter was well received and will form part of the welcome pack for the families of new clients. The whole pack will be reviewed at the families meeting in May.

The families questionnaire was adapted this year to suit the 5 questions that CQC inspections now focus on. 90 questionnaires were sent out to the family members of people we support, 29 responses were received. 74% of responses ranked Kingwood as outstanding across all the questions and 94% ranked Kingwood as good or above. This is a continuation of the year on year rise of positive feedback from families.

The comments and recommendations about Kingwood are noted and put into action plans when applicable.

Kingwood would like to thank everyone who took the time to complete the annual surveys for 2014 the feedback is always great for helping Kingwood improve its services for the people we support.



CQC inspections—White Barn

Kingwood is registered with the Care Quality Commission (CQC) for two types of service; registered care at White Barn and domiciliary care (in the community and supported living) and as reported in our last newsletter and at the families meeting in December, CQC changed their inspection format with effect from 1st October. However just prior to the change White Barn received an unannounced inspection on 15th September 2015 under the previous inspection process and I delighted to advise that White Barn was found compliant against the following standards assessed during the inspection;

- Respecting and involving people who use services
- Care and welfare of people who use services
- Safeguarding people who use services from abuse
- Supporting workers
- Assessing and monitoring the quality of service provision

Belinda Macleod is the Registered Manager for White Barn and has worked diligently with her staff team to ensure the support that people we support is superb and it is rewarding that the regulator recognised their hard work. An excerpt from the report said:

'We observed positive interactions between staff and people on the day of our visit, as they laughed together and reminisced about activities they had shared. Staff understood people's preferred communication methods such as verbal, sign and body language. The general atmosphere within the home amongst staff and the people who lived there was relaxed and friendly.'

Belinda is currently taking some time away from work however Dean Norcutt is being supported by Eleri Booth to ensure that the people we support are not affected.

The summer last year enabled those living at White Barn (and the College) to take advantage of the newly planted garden of the previous year which provided many benefits from growing vegetables, enjoying the sensory area and trampolining. The Autumn provided opportunities for boat trips and ice skating and it was wonderful to see Lucy, David and Tony at the Christmas Event at Millets Farm enjoying the food, drinks and atmosphere; I confident 2015 will be another enjoyable year for everyone.

Picture-it

This publication is the fifth in a series that describes design research projects carried out by the Helen Hamlyn Centre for Design at the Royal College of Art in partnership with Kingwood, which provides support and accommodation for adults with autism.

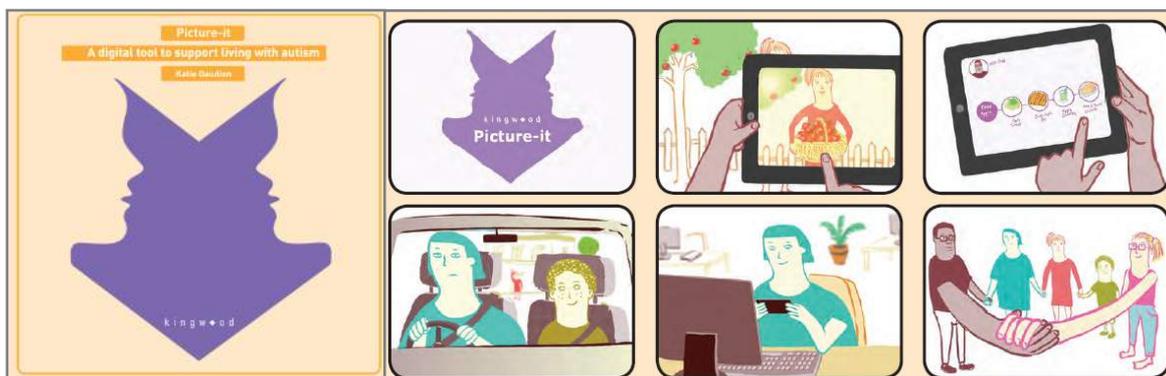
The overall aim of the work is to improve the everyday experiences of those with autism spectrum disorders (ASD) through better understanding of their needs, aspirations and environment.

It is the latest in a line of design innovations developed over the past five years to address the sensory preferences and special interests of those with autism.

Kingwood support staff play an important role in the

lives of people with autism, helping them to live fuller and more active lives. To ensure that good practice is not lost, this project explores how expertise, knowledge and insights can be captured, connected and communicated to enrich person-centred support.

Following observations, interviews and two digital trials using the photo-sharing platform Pinterest, a new digital tool is being developed. Picture-it will empower autistic adults to build their own visual diary of their positive experiences and achievements; it will support staff members by ensuring that their good practice gets captured, noticed and celebrated; it also encourages family members to contribute and feel more connected with their relative's life on a daily basis



The booklet is available to download from the Kingwood website downloads page along with a link to the accompanying animation produced by the Helen Hamlyn Centre.

Kingwood Craft Session



Above is a selection of pictures from the Kingwood Christmas party and craft session on 19th December. The people we support enjoyed making Christmas cards, decorating baubles or icing some Christmas

biscuits. Some people we support also decorated wooden boxes or made a stained glass candle votive using tissue paper, glue, glass jars and an LED candle.

ISO Accreditation for Kingwood

In December Kingwood passed the final audit stage of the ISO accreditation process for 9,001: Quality Management, 14,001: Environmental Management and 18,001: Health and Safety.

ISO accreditation is highly rated by commissioners, inspectors and can be also be attractive to potential donors. The review of internal systems and introduction of comprehensive audits enables the organisation to create a portfolio of evidence that can be shared with the CQC. The new adult social care inspection model (CQC,) includes a greater focus on the leadership of an organisation, which as the serious case review of Winterbourne View and a recent review of adult social care by the CQC both found can be a

significant factor in achieving good quality care and it is recognised that in order to be awarded an ISO accreditation mark, there is strong leadership at every level.

The drive for improving quality in social care is increasing in the fight against abusive practices and with this in mind, any initiative that helps Kingwood to demonstrate the quality of our services is a positive step in that fight.

Kingwood started the process of accreditation in 2013 and it has been a good tool that formalises Kingwood's processes and administrative tasks with goals/targets that can be monitored or audited simply.

Fundraising at Kingwood



Kingwood will be fielding a team at the Royal Berkshire 10k on May 17th at Green Park. Kingwood will be fundraising as a group and 5 runners have volunteered already. Other members of Kingwood staff who are not taking part in running will be there to cheer on their colleagues during the day. A link to the 'just giving' page will be on the Kingwood Facebook page and on the Kingwood website once available.

World Autism Awareness Day is on 2nd April 2015, Kingwood will be 'lighting it up blue' as part of the awareness campaign. Check our website for regular updates on what else Kingwood will be doing and how you can raise awareness about autism too.

Forthcoming events



After a busy year of activities, Kingwood has been able to organise monthly ice skating events for 2015 they will be at the Oxford Ice Rink on the following dates:

9th February 2015 , 9th March 2015,
13th April 2015, 11th May 2015,
8th June 2015, 13th July 2015,
14th September 12th October 2015,
9th November 2015, 14th December 2015

Kingwood are also in the process of organising the river boat trips and we are applying for funding to subsidise these trips again in 2015. The Earley Trust provided funding for 2014 which enabled Kingwood to significantly lower the cost to the people we support for the trips.

On Tuesdays a Walking Club was started where individuals can meet at Path Hill and then go on a variety of different walks ending up with refreshments before returning to their services.

The Horticulture Project has had a successful time working in Partnership with Path Hill Outdoors at

Goring Heath since moving from North Moreton in March 2014.

Individuals attending Path Hill in 2014 had the opportunity to sow and grow a variety of vegetables some starting off in the polytunnel, and all ending in the outside raised beds. Path Hill also erected a yurt next to the polytunnel which had access to electricity and water enabling individuals to have hot drinks under cover when the weather was cold and damp.

Kingwood hope to have another plant sale in early summer and sell some of the fabulous hanging baskets and herbs grown by the people we support; check our Facebook page from May for dates.

Plans for 2015 include a Wednesday Lunch Club promoting healthy eating and healthy food choices. Individuals attending will have the opportunity to learn new skills in the preparation of the meals as well as developing their own social skills.

Caryn Small is running craft sessions at Drayton football club on alternate Tuesdays.

The Wallingford Tuesday club has moved to the Methodist Church in Wallingford as the Portcullis Club is no longer available to use, the activities available to the people we support are not affected by the move.

Kingwood will be holding another Easter party at Head Office on Tuesday 31st March.

Kingwood is also looking to host some pampering events for the females we support, we will offer manicures/pedicures, make-up and hair styling.

The Annual General Meeting will be at the Henley River and Rowing Museum on 7th July 2015 from 5.30pm.



LOTTERY FUNDED