

## CQC Inspection

The Care Quality Commission inspected Kingwood's Domiciliary Care service on the 24th and 25th of November. It was a thorough inspection and Kingwood was delighted to receive the report that showed that Kingwood had been awarded an overall score of Good and an Outstanding in the area of Responsiveness. A link to the full report is on our website.

Kate Allen said 'The report reflected our values and commitment to the continued improvement of our services. This was a team effort and everyone at Kingwood should be very proud of the result.' The inspection is focused on those who receive regulated care from Kingwood.

The Reading Chronicle picked up the news of our CQC inspection and published an article about us. The Henley Standard also published a brief news article about Kingwood's inspection. Links to both articles can be found on the Kingwood Facebook page.

Kingwood also received renewed accreditation for 3 ISO Awards (Quality Management, Health & Safety and Environmental Management) following an external audit from the British Assessment Bureau.

### Parents and Families

The Parents and Families Questionnaire results were collated in December and showed that 97% of parents and families would rate our services as good or excellent.



Head Office Christmas food parcel collection for a group of people we support in Bicester

Kingwood works hard to have positive working relationships with the families of the people we support, and aim to continue this upward trend.



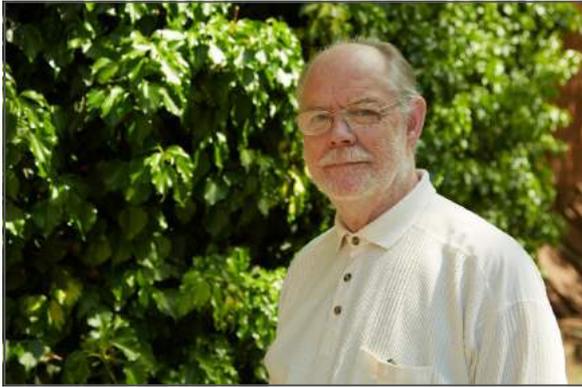
## Landmark 50

Since 2013 the Landmark Trust has been providing free holidays to charities and other groups in need. At the suggestion of Sarah Baldock, Kingwood applied to the Landmark 50 project and were awarded a holiday for some of the people we support at the Old Parsonage in Iffley, for four nights in March. This has enabled Kingwood to provide six people we support an overnight stay and eleven people we support to visit the historic cottage during the day. The house dates from the 16th Century and sits next to a beautiful section of the Thames. The people we support who are staying over are looking forward to their night away in this quiet village.

# New Patrons

Kingwood are pleased to announce that two new patrons have joined Kingwood. John Lubbock OBE and Sue MacGregor CBE . John Lubbock is a familiar face to some of the people we support, as he organises and conducts the music for Autism concerts at Dorchester Abbey and other concert Halls in Oxfordshire. John is the founder of the Orchestra of St John, they have performed at the Proms and each year they have a program of performances for local autism schools. John was awarded an OBE in the 2015 New Years Honors list.

Sue MacGregor a veteran broadcaster and was the voice of Woman's Hour and the Today Programme, She is a trustee for UNICEF and has published her memoirs: Woman of Today. Sue was the guest speaker at the 2010 Kingwood AGM, Kingwood is very excited to have John and Sue join our other esteemed patrons.



## Fundraising

Lady Hornby has written to several charitable trusts who have donated to Kingwood in the past. Kingwood are seeking funding to help the people we support access meaningful activities as many of the people we support have had reductions made to their budgeted hours and to their benefits. These reductions mean that some of the people we support are not able to access their favorite activities as regularly as they once were able to.

As a result of Lady Hornby's requests to charitable trusts The Ammc Trust have kindly donated £500 towards these activities and Kingwood are waiting to hear from several more in the coming weeks. The Oxford Round Table received a nomination for Kingwood for their fundraising collection and received £150 towards the activity fund.

The staff raffle held at the Kingwood Christmas party raised £145. This will go towards the Easter Party on the 23rd March. Kingwood Head Office raised a further £25 towards our next recruitment campaign by donating to Kingwood instead of sending Christmas cards to each other.



Kingwood is currently also seeking funding for the Dogs For Good project (previously known as Dogs for the Disabled).



Many of the people we support have accessed the project and learnt valuable skills. Funding is due to cease in July 2016 however Kingwood would very much like to carry with this pioneering project and we are working closely with Dogs for Good to enable this.

## Running For Kingwood



A small team of Kingwood staff are running the Reading Half Marathon on the 3rd April 2016. They are being joined by Dale Ellis who was signed up to run for Kingwood by our Chairman Lady Hornby.

Fundraising is underway and any support in helping raise funds or cheering on the team is much appreciated.

The race starts and finishes at the Madejski Stadium, Runners will be setting off from 10am, they will run via the university and the town centre. Kingwood will be handing out leaflets to the public and collecting donations along the race route as part of World Autism Awareness Day. If you would like to help hand out leaflets please contact Liz Sandith on 0118 9310143.

If you are thinking of supporting the team in Reading keep an eye out for Wacika she will be donning a blue cape and tutu.

To donate to Kingwood please go to the Kingwood Just Giving page or use the link on our website and Facebook page. The staff running will also have individual sponsorship forms.

# Kingwood Christmas Party

On the 9th December Kingwood held the annual Christmas party at Millets Farm. It was an excellent party with a brilliant turnout from people we support, their staff and the families of everyone. The parents meeting gave the families a chance to hear about what Kingwood has accomplished in the past 12 months. It also enabled people to meet the new Director of Services, and to get to know the Area Managers and hear from the Psychology team.

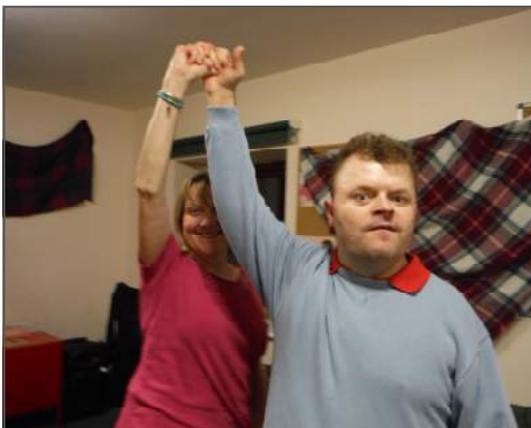
'Father Christmas' stopped by to help Estelle announce the staff raffle prizes; 1st prize was the hot air balloon ride which went to Gemma Heskins, 2nd prize was the Nirvana Spa day which went to James McKnight, Lottie Duggan won the 3rd prize of the Picturehouse cinema tickets and Hazel Hand collected the Champagne for the 4th prize.

The people we support raffle was very exciting and all of the prizes were gratefully received including Beale Park tickets, Cinema tickets and Hobby Craft Vouchers. Tosha was gleefully showing off his yard of Jaffa Cakes late into the evening. Peter Roberts provided the disco for the evening and it was great to see the people we support enjoying themselves with their families and staff.

Kingwood would like to thank everyone for coming to the evening. We are already planning our next Christmas party at Millets Farm. SAVE THE DATE: Thursday 8th December 2016.



## Burns Night



Beeching Way hosted a small Burns Night party for the people we support. The baked haggis was brought to the room with Tosha serenading the group with his recorder performance. There were mixed reviews of the haggis and neaps from the people we support, but they enjoyed the Celtic singing and dancing. Beeching way run the Tuesday club at the Wallingford Methodist Church every other Tuesday, for more information please contact Hazel Hand.



# Activities 2016



The people we support will be busy in 2016 with the activities that Kingwood are arranging. They will include monthly ice skating sessions at Oxford Ice Rink at 11am. The next 3 sessions are:

14th March,  
18th April  
16th May

On March 23rd Kingwood will have an Easter Party, 11am till 2.30pm at Kingwood Head Office, activities include an egg hunt, basket making. There will be a disco and lunch.

Bob has arranged 6 boat trips for the year, dates as follows: April 27th there will be two trips from Caversham, May 20th two boat trips from Eynsham Lock and August 12th there are two trips from Henley.

The Horticulture Project will start again in March at Path Hill. Kingwood has also secured an allotment plot in Henley, this will be

available from March. Kingwood have applied to Zurich Community Trust Challenge for a group of volunteers to create a sensory herb garden at Path Hill. If successful the work will commence in June.

Kingwood have been working with Katie Gaudion at the Royal College of Art. This years project is about accessing work for the people we support, as part of the project Kingwood will be setting up an eBay shop which will be staffed by the people we support.

Donations of DVD's, CD's, small working electronics and other small new or newly new items to sell would be greatly appreciated. Please contact Bob Horwood if you would like to arrange a collection (or drop off any items at Head Office).

**SAVE THE DATE:** The new venue for the 2016 AGM will be The Great Hall at Cholsey, Friday 8th July 2016.

## Good News from Kingwood

### Yew Tree Farm by Garry Foreman

Yew Tree Farm is an organic farm in Ludgershall near Aylesbury. It is run by Sharon Callow and she is very helpful and down to earth. Going to the farm you get to do lots of interesting things and learn new skills like gardening pruning trees fencing and woodwork. On December 8 we even did a willow weaving workshop

The people who go to the farm are very nice and helpful I enjoy chatting to all the people at coffee break.

I hope to keep going to the farm for as long as possible because I enjoy it



### TV Appearances - Eggheads

On the 8th January 2016, Kingwood's new Director of Services, Estelle Christmas, appeared on BBC2 Eggheads as part of the Bob's Buddies' team. Playing for the Best Buddies charity they beat the Eggheads to win £16,000!

The episode is available on Youtube (Series 16 episode 91)

Estelle joins several of our other senior management team to appear on television, Kathy Wallbanks appeared and won the Weakest Link in 2006. Michael Hatch was in Couples Come Dine With Me in 2013 with his wife Eveleen; they didn't win but they thoroughly enjoyed it. You can catch up with Couples Come Dine With Me on All 4 (series 1 episode 21).



Estelle and the rest of Bob's Buddies.